

GIRLS GET GOING

Participant Handbook

Welcome to Michigan State University's Girls Get Going program! This is a free sports clinic sponsored by the Recreational Sports and Fitness Services Department, the WorkLife Office and the Parent Student Resource Center at MSU. This handbook has been created to establish expectations for conduct during the program and proactively answer participant/parent questions.

- I. All participants must be registered and all forms must be filled out by the participant's parent/legal guardian prior to participation:
 1. Registration Form
 2. Consent Form
 3. Media Release Form
 4. Medical Treatment Authorization Form

- II. If you need to reach your child during the program, go to the Sports Arena (the gym you drop off and pick up your child/ren) at IMWest. There will always be a volunteer in that space and they can help you locate your child. Please *do not* allow your child to bring a cell phone to the program. If you have an immediate concern the day of the program and you must phone in, call (517) 432-2661 or (517) 355-5250 and someone should be able to assist you.

- III. Program Rules:
 - a. The goal of the morning is to *have fun!* We are not competitive, yet our goal is to give young girls a positive sports experience. Ideally, we want them to find enjoyment in movement activities so they can have healthier outlets as they mature into adults and hopefully continue to move throughout their lives, promoting health and well being.
 - b. No violence of any kind will be tolerated. Should there be an incident, participants will be removed from the program and the contact person on the registration form will be notified to pick up the participant immediately.
 - c. Participants may not leave IMWest during the program without a responsible adult.
 - d. Alcohol, tobacco, drugs, fireworks, guns, and other weapons are prohibited.
 - e. Sexual harassment, sexual abuse and other sexually inappropriate conduct will not be tolerated.
 - f. Harassment in violation of the University Anti-Discrimination Policy will not be tolerated.
 - g. Hazing and bullying (physical or verbal) will not be tolerated.
 - h. Misuse or damage of University property is prohibited and participants may be financially responsible for damage or misuse of University property.

- i. Cameras and other digital recording devices are not permitted in showers, restrooms, locker rooms, and other areas where privacy is expected by participants. Please leave cell phones at home.

IV. Violations of Policy or Program Rules: In the event that a participant, group leader, or other individual associated with Girls Get Going is alleged to have violated University policies or program rules, the individual will be immediately removed from the program pending investigation. Criminal charges may be pursued pending the outcome of the investigation.