Youth – Swim Classes
This program has been designed for children between the ages of 4 and 14 years. Beginning children will be taught fundamental water safety and aquatic skills. Which includes: Orientation to the aquatic environment, basic aquatic skills, and develop rudimentary propulsive skills and to be comfortable around water. As children progress through classes they will have the opportunity to develop, practice, and refine swimming skills in a positive water environment. Skill levels include: Stroke development, stroke improvement, and stroke refinement. Classes are thirty five (35) minutes long for eight weeks, Monday, Tuesday, or Wednesday.

SCHEDULE: Begins the week of Jan. 25 and Ends the week of Mar. 22
NO CLASSES THE WEEK OF MARCH 7 FOR MSU’S SPRING BREAK
CLASS TIMES: Monday through Wednesday (classes meet once a week)
Location: JENISON POOL
Choose a day and time:
Mondays or Wednesdays:
  4:45 – 5:20 pm
  5:30 – 6:05 pm
  6:15 – 6:50 pm
Tuesdays:
  5:30 – 6:05 pm
  6:15 – 6:50 pm
FEES: $55

Adult Beginner Swim Classes
This program has been designed for adults. Adults will have the opportunity to develop, practice and refine swimming skills in a positive water environment. We focus on skill levels 1-6: introduction to water skills, fundamental aquatic skills, stroke development, stroke improvement, and stroke refinement. Classes are forty (40) minutes long for eight (8) consecutive weeks, meeting on Tuesdays or Wednesdays.

SCHEDULE: Begins the week of Jan. 25 and Ends the week of Mar. 22
NO CLASSES THE WEEK OF MARCH 7 FOR MSU’S SPRING BREAK
CLASS TIMES: Tuesday or Wednesday @ 7:00 – 7:40
Location: JENISON POOL
FEES: $55

Adult – Intermediate Class
Classes are designed for adults who pass level 5 of Spartan Swim School or have an equivalent swimming background. Class emphasis will be on improving stroke technique so students may swim with ease, and efficiency. Classes are forty (40) minutes long for eight (8) consecutive weeks, meeting on Mondays.

SCHEDULE:
  Begins the week of Jan. 25 and Ends the week of Mar. 22
  NO CLASSES THE WEEK OF MARCH 7 FOR MSU’S SPRING BREAK
CLASS TIME: Monday @ 7:00 – 7:40 pm
Location: JENISON POOL
FEES $55
If you have any questions about our policies and/or procedures, please contact Brian Fickies at fickies@msu.edu or call him at 432-1475.