<table>
<thead>
<tr>
<th>SUN</th>
<th>MON</th>
<th>TUE</th>
<th>WED</th>
<th>THUR</th>
<th>FRI</th>
<th>SAT</th>
</tr>
</thead>
<tbody>
<tr>
<td>No Classes</td>
<td>Dec 1, 8</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>3:00 – 4:00p</td>
<td>6:15 - 7:00a</td>
<td>3:00 – 4:00p</td>
<td>6:15 - 7:00a</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Group Cycling</td>
<td>Group Cycling</td>
<td>Group Cycling for</td>
<td>Group Cycling</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>for Varsity Swim</td>
<td>for Varsity Swim</td>
<td>Varsity Swim Team</td>
<td>for Varsity Swim</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Team</td>
<td>Team</td>
<td>Kathleen</td>
<td>Team</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Colleen</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Scott</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Beginner Cycling</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>5:30 – 6:15p</td>
<td>4:30 – 5:15p</td>
<td>5:30 – 6:15p (1 Hr)</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Group Cycling</td>
<td>Group Cycling</td>
<td>Group Cycling</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Andrea</td>
<td>Colleen</td>
<td>Michael</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>6:30 - 7:15p</td>
<td>5:30 – 6:30p (1 Hr)</td>
<td>5:30 - 6:15p</td>
<td>4:30 – 5:15p</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Beginner Cycling</td>
<td>Group Cycling</td>
<td>Group Cycling</td>
<td>Group Cycling</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Jackie</td>
<td>Stephanie</td>
<td>Michael</td>
<td>for Varsity Swim</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Team</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Door Monitor</td>
<td>6:15 – 7:30p</td>
<td>Door Monitor 4:15-8:00p</td>
<td>Door Monitor 5:15-7:45p</td>
<td>Door Monitor 4:15p-7:00p</td>
<td>Door Monitor</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Brenna / Tierney</td>
<td>Tierney</td>
<td>Stephanie</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Group Exercise Semester Unlimited PASS:** STUDENT $70.00  FAC/STAFF $75.00  Drop-In PASS $3.00 per Class

Great Quote:
A loud voice cannot compete with a clear voice, even when it's a whisper.