PROGRAM SCHEDULE – WEDNESDAY, MAY 16TH

6:00a  Early-Bird Exercise
       Vendor Showcase – Strength and Equipment Workouts – IM West Fitness Ctr
       Group Cycling – IM West, Rm 151
       Outdoor Pool – IM West, towels provided
       Run / Walk Loops http://prod.gis.msu.edu/loops/

6:45a  Registration       Kellogg Center Lobby
7:00a  Director’s Breakfast      Olympus Rm
8:00a  Conference Breakfast      Big Ten Room ‘B’

8:45a  Welcome – Dr. Denise Maybank, Interim Vice President
       for Student Affairs and Services   Lincoln Rm
9:00a  Keynote I: Bill Dietrich, Author and Executive Coach
       “Herding Cats: The Matrix Organization”   Lincoln Rm
10:30a  Break
10:45a  Break Out Sessions / Brain Storming
       Adaptive Sports / Lindsay Bond, OSU    Rm 101
       Membership Best Practices / Kristen Myers, OSU   Heritage Rm
       Non-Traditional Recreation Collaboration / Marci Hasty, OSU  Rm 106
       Staff Development Best Practices / Robin Deterding, Illinois   Rm 105
11:45a  Break / Walk to Spartan Tower for Lunch

12:15p  Lunch       Spartan Stadium Tower – Level 4
1:00p  Keynote II: Dr. June Youatt, Dr. Denise Maybank,
       “The Neighborhood Project”   Spartan Stadium Tower
2:15p  Presenters: Tim Casai – Dave Larson TMP Architecture
       “Welcome to My Neighborhood – Architecture for Change”   Spartan Stadium Tower
       This session will describe the latest initiative in the development
       of robust and identifiable residential neighborhoods at MSU with
       the incorporation of new satellite fitness centers.
3:00p  Break / Snack
3:30 – 5:30p  Afternoon Activities – What Makes MSU, MSU!
              Choice of Activities –  See Next Page

7:00p  Dinner       Dublin Square
       Walking Directions: Leaving Kellogg, turn right (on Harrison), and
       right again at Michigan Ave. Four blocks later turn left on Abbot.
       Dublin Square is on left about one block (north).
       Vans are available by request starting at 6:15p.
       Feel free to drive if you wish to stay later, map in packet.
Wednesday Afternoon Activities – What Makes MSU, MSU!

Choose One of the following activities for your afternoon of exploring MSU

FRIB – Facility for Rare Isotope Beams
Outing Leader: Brian Fickies
Explore the National Superconducting Cyclotron Laboratory, one of the world's top nuclear research facilities. During the 90-minute tour, you will learn, through explanation and demonstration, how our cyclotrons accelerate nuclei to half the speed of light. Discover ways isotopes can explain what goes on in exploding stars and how the elements in your body were made. Meet scientists who are on the cutting edge of nuclear research and get behind the scenes of a working laboratory the size of a football field.

Plants and Their Roles in Human Health and Condition
Tour Leader: Peter Carrington, Assistant Curator, W. J. Beal Botanical Garden
Outing Leader: Rebecca Kegler
Start with a 45 minute walk in one of the country's oldest botanical gardens. The labeled collections range from medicinal plants to weeds and from Indigenous American food plants to fiber plants. Join Peter Carrington for a tour of plants that have figured in the quest to obtain nutrients, trace elements and metabolic supplements from the world's flora. Even today, plants are the largest single source of nutritive and medicinal compounds for the world. Next, continue the afternoon with a tour of the Beaumont Tower Carillon. Built in 1928, it contains 49 bells ranging from 15 lbs to 2.5 tons. Restored in 1996, it still uses pulleys and levers to move the clappers to strike the bells. A computer directs the Westminster chimes and daily playing of the alma mater, MSU Shadows, but the bells ring live. Tour will allow participants to climb the stairs into the tower and view the bells up close. A special concert is being prepared by Ms. Johaness that will include a portion of every Big Ten fight song.

MSU Dairy Store
Tour Leader: John Partridge
Outing Leader: Ken Warshaw
Historically an agricultural college, Michigan State University takes great pride in the manufacture and sale of its very own cheese and ice cream. The MSU Dairy Store offers over thirty delicious flavors all-year-round. Based in Anthony Hall, the guided tour includes the observation deck overlooking the manufacturing floor of the ice cream laboratory where MSU agricultural students are actively engaged in production. In addition, visitors can choose from four educational videos about the creation of MSU ice cream and cheese and how it fits into the curriculum in agricultural majors. Every Big Ten School has a flavor named after them:
- Purdue Tracks – Purdue
- Sesquicentennial Swirl – Michigan State
- Buckeye Blitz – Ohio State
- Hoosier Strawberry – Indiana
- Banana Choc-eye-Chunk – Iowa
- Wildcat Crunch – Northwestern

Tour ends with – of course – a big dip of your favorite ice cream!

Athletic and Recreation Facilities Tour
Outing Leader: Denny Mayer
We will give a tour of our Athletic and Recreation Facilities. This will be a walking tour of Breslin Center (basketball); Munn Arena (hockey); Jenison Fieldhouse (volleyball, wrestling, gymnastics); IM Sports West (Rec Sports); Munn Field (Rec Sports); McLane Stadium (baseball); Secchia Stadium (softball); DeMartin Stadium (soccer); and Duffy Daugherty building (football). Most of our Athletic facilities are in close proximity to one another so please don’t be alarmed by the total number of facilities that are listed on the tour....it will be a pleasant walk, and will return to Kellogg at its conclusion.

The Neighborhood Concept
Outing/Tour Leader: Rick McNeil, TMP Architects
Tour Brody complex for an example of the Engagement Centers that are being built around campus. MSU Neighborhoods are designed to foster academic success, civic and social engagement, health and wellness, and intercultural development. The Engagement Center in each Neighborhood is where students go to find assistance, inspiration, and opportunities. There are six Neighborhoods distributed across primary complexes of existing residence halls, and includes campus apartments. A principle role of the Recreational Sports and Fitness department, through a collaborative effort with Residential and Hospitality Services, is to create a distributed system of equipment based and group fitness opportunities, ideally, one satellite center in each Neighborhood, in addition to existing facilities in IM Sports West, East and Circle. This is a walking tour which will return to Kellogg at its conclusion.